



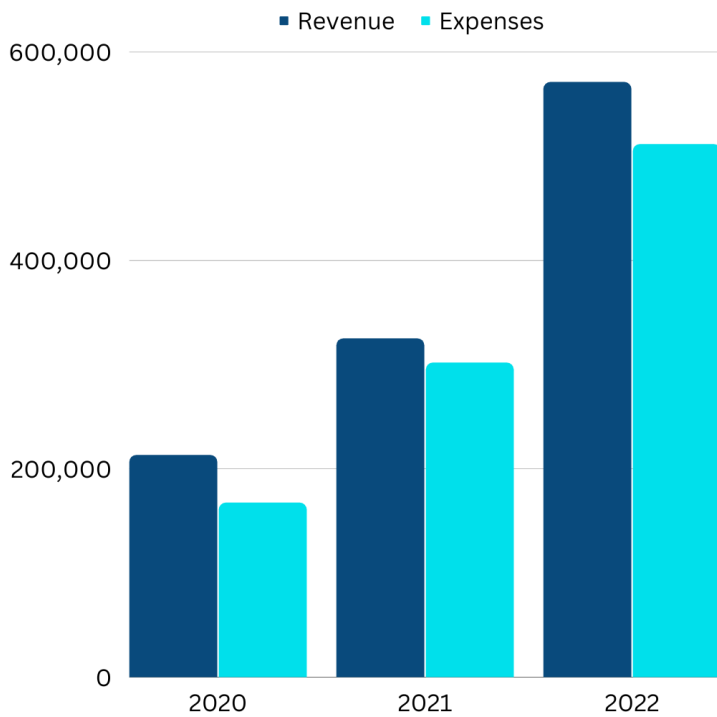
Annual Report 2022

PO Box 8316
Bend, OR 97708
501(c)3
541-241-6708
www.destinationrehab.org

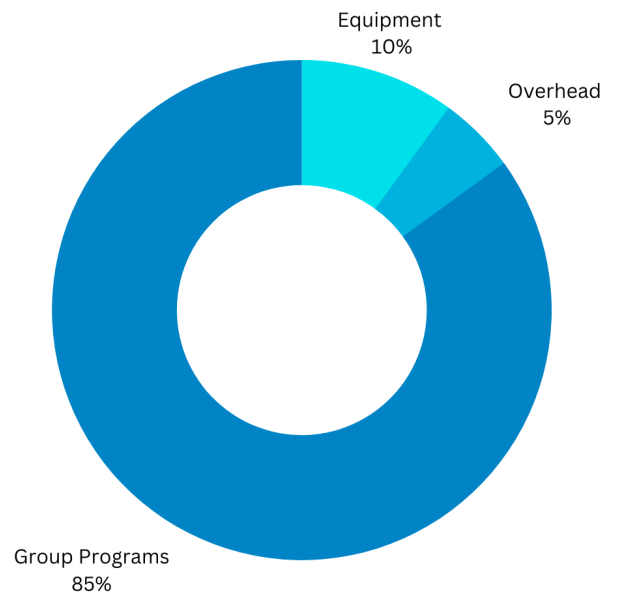
Destination Rehab is a nonprofit organization that empowers adults with neurologic conditions to experience outdoor adventure in beautiful Central Oregon.



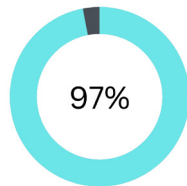
Tax ID#81-1349238



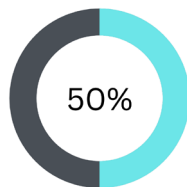
Where your donation goes:



Making the Case



of adults with a disability report household income less than \$25,000 annually



of adults with a disability have not participated in a wellness program



Your 2022 Impact on the Destination Rehab Community



Fast Facts:

- 1,977 visits completed
- Increased service to people with Stroke and Spinal Cord Injury.
- Purchased new clinic equipment!

PEAK Fitness and Education

- 40% of PEAK members received financial aid
- 100% of PEAK members received a subsidized program cost of 50% actual cost
- Added a second PEAK class each week!



Adventure Group

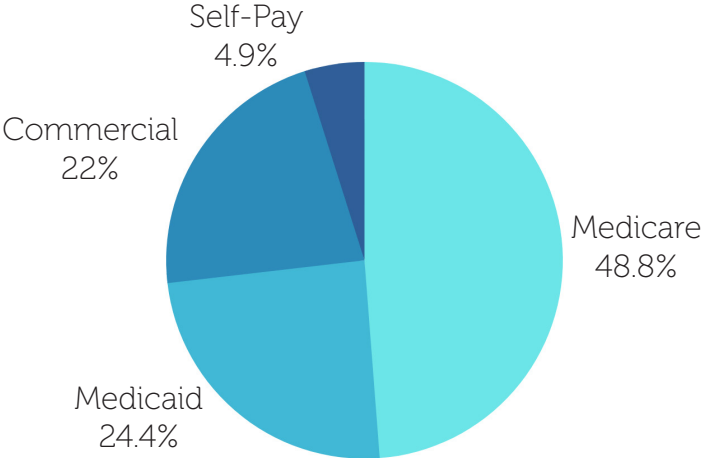
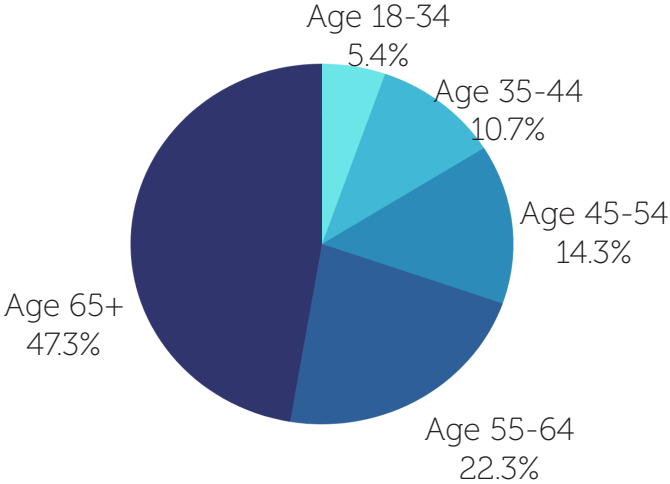
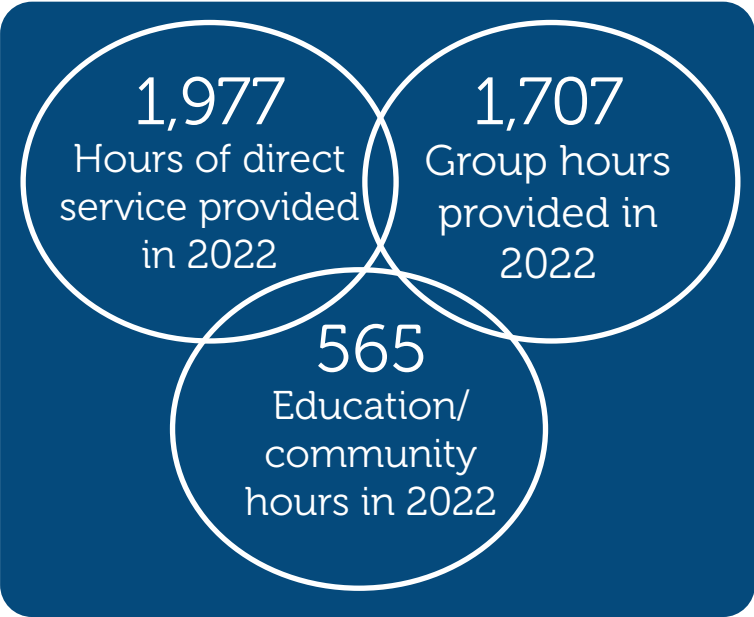
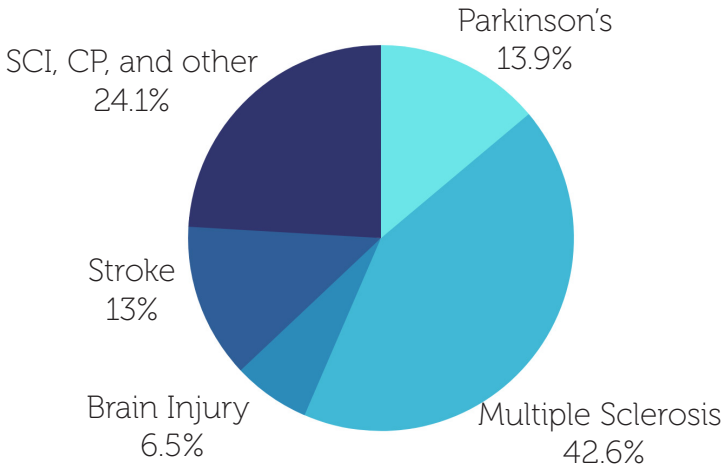
- Added 'Adventure Group Caregivers' program.
- 74% of members received financial aid.
- 19 participants in 2022, 10 in 2021= 90% increase!

Major Grant Awards

- The Craig H. Neilsen Foundation
- Les Schwab Foundation
- Central Oregon Health Council
- Jonas Family Foundation



Participant Information



Want to support Destination Rehab?
 Contact Stephanie Odell
stephanie@destinationrehab.org or 541-241-6708



Meet the Adventurers



"Dealing with a progressive disease, Destination Rehab has had a huge positive impact on my life as we have navigated our new normal. I can honestly say that because of DR, I do not consider myself handicapped – why? Because this organization has given me the skills, tools, equipment, encouragement and confidence to make the most of my life. I am one happy camper. Not only do I benefit from one-on-one physical therapy, but I also participate in PEAK, our personal and group physical fitness program. Those of us who come together in these groups deal with various neurological conditions – and Destination Rehab provides a safe and comfortable environment for us with their supervision, equipment, and encouragement. Needless to say, our group programs also create a tight supportive social family –invaluable."
-Sally MacAllister

"I love Adventure Group and Destination Rehab! It gets me out and talking to people, keeps me motivated to keep going and do things on my own. Before my Stroke I would run and be active with my son, who was a cross country runner, then I stopped because of the Stroke. Since joining the Adventure Group and Destination Rehab I now walk with my son. Each week gets me motivated for the next and the different activities teach me things. I love that everyone has each others' back and watches out for one another. We know we are all out there to have fun." - Allen Lucas

